

AMMANFORD AFC
in the community



yn y gymuned
CPD RHYDAMAN



LANGUAGES, LITERACY AND COMMUNICATION



Hi, I'm Lee Trundle and I play for Ammanford AFC, I was wondering if you could help describe my goal for me? Watch the clip using a QR reader and write it up below!



Read the following match report and answer the questions that follow:

Black and White take the Honours

Nothing like a local derby game to stir the emotions and a bumper crowd of 796 turned out to watch this latest encounter between Ammanford and Cwmamman.

The first half was full of Ammanford creating half chances and both defences coping well. James Kirkwood in goal for Cwmamman was having a fine game whilst Craig Morris Ammanford's number one had to be on his toes.

Referee Nicholas Pratt blew for half time and it was the visitors who felt that they were very much in this derby day encounter.



The game came to life in the second half after 52 minutes when Ammanford's striker Craig Frater found open space and free of his markers he struck the ball from distance beating Kirkwood to open the scoring for the home team 1-0.

Some eight minutes later things got even better for the home team when pacy striker Gavin Jones burst through the Cwm defence into the penalty area and was adjudged to have been brought down.

The referee immediately pointed to the penalty spot. Cwm's Luc Blackmore was subsequently shown a red card and Cwm were down to ten men.

Up stepped Ammanford's Craig Frater to take the spot kick. Frater struck the ball well but Cwm's stopper Kirkwood in goal guessed the right way and made an excellent save to deny Ammanford doubling their lead.

This seemed to spur on Cwm's ten men and they got themselves back in the game in the 75th minute when a solo effort from Cwm's Christian Allen beat the Ammanford defence and his effort sailed into the back of the Ammanford net to level the scores at 1-1.

However, the visitors jubilation didn't last long as minutes later Ammanford's Gavin Jones burst through the heart of the Cwm defence and coolly slotted the ball into the back of the Cwm net to restore the home side's advantage 2-1.

Cwmamman tried to respond but a rash challenge from Cwm's Christian Allen brought another red card from the referee and Cwm were down to nine men left on the pitch. With minutes left to play, the game was finally wrapped up when Ammanford's midfield maestro Mathew Fisher weaved his way passed the Cwm defence and angled his low shot into the bottom left hand corner of the Cwm net to make it 3-1.

As the final whistle blew it was Ammanford's Black and White army who celebrated derby day victory.

Final Score

Ammanford AFC. 3

Cwmamman United. 1



Question 1:

Who did Ammanford play?

Question 2:

What was the match attendance?

Question 3:

Who scored the first goal for Ammanford?

Question 4:

What minute did Gavin Jones win the penalty?

Question 5:

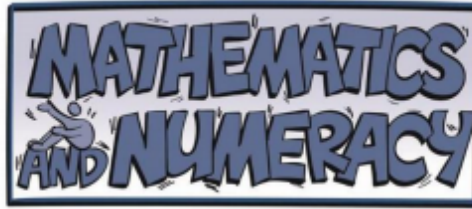
Describe what is meant by the term 'solo' effort:

Question 6:

How do you think the players felt when it was 1-1 with only 15 minutes to play?

Question 7:

Describe what the report means by 'rash' challenge by Ross Morgan:



This is the league table for Ammanford AFC in the *JD Cymru South*



Ammanford
AFC

Played	Won	Drawn	Lost	GF	GA	GD	Pts
25				44	47	-3	37

OH DEAR!!! It appears the Won/Drawn/Lost columns failed to print.

Can you help the Cymru South finish their league table?

In football, it is 3 points for a win, 1 point for a draw and 0 points for a loss.

Find all the different ways Ammanford could have scored their 37 points this season.

e.g.

1) 12 wins ($12 \times 3 = 36$) 1 draw ($1 \times 1 = 1$) 12 losses ($12 \times 0 = 0$) = 37 points

2)

3)

4)

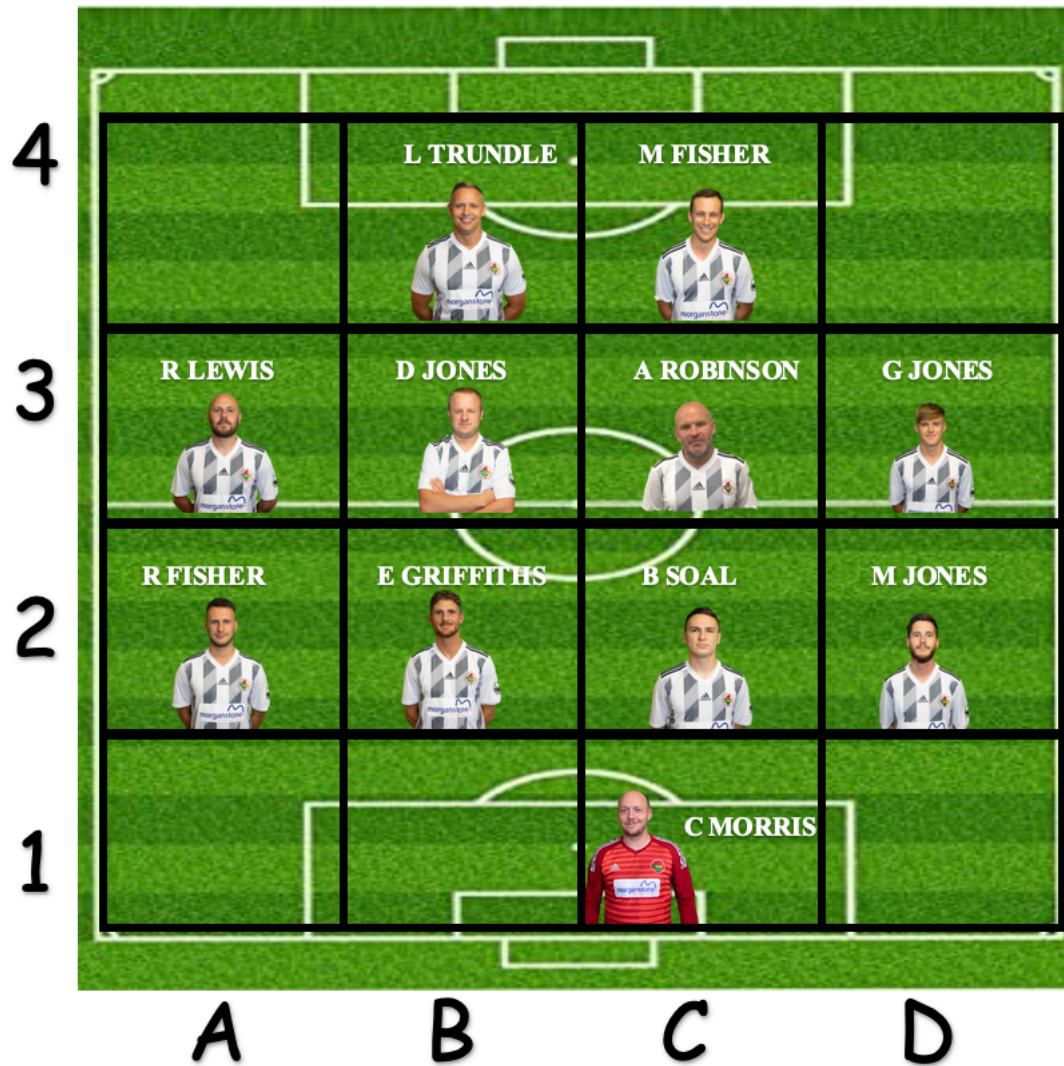
5)

6)

7)

Coordinates Task

Take a look at our matchday team, help identify which coordinate the different players are:



Write the coordinates for:

R Fisher

M Jones

G Jones

What player can you find in:

C1



B4

A3



Club Shop



Home Shirt - £30	Home Shorts - £14
	
Pin Badge - £3	Scarf - £10
	

Using your £40 pocket money, find all the different combinations of items you can buy at the Club Shop, *you must spend all of your money.*



Look at the following statistics for Ammanford AFC this season, using J2Data or any other spreadsheet, create a database for each player.

First Name	Last Name	Age	Position	Played	Goals
Craig	Morris	38	Goalkeeper	30	0
Rhys	Fisher	29	Defender	16	1
Matthew	Jones	30	Defender	26	1
Euros	Griffiths	29	Defender	29	2
Richard	Lewis	35	Defender	24	2
Nich	Arnold	22	Defender	19	0
Dale	Jones	30	Midfielder	23	0
Mathew	Fisher	32	Midfielder	25	6
Brett	Enoch	24	Midfielder	23	1
Andy	Robinson	40	Midfielder	10	3
Ben	Soal	28	Midfielder	23	1
Cerith	Williams	30	Midfielder	1	0
Luke	Borrelli	29	Attacker	8	2
Lee	Trundle	43	Attacker	15	12
Gavin	Jones	20	Attacker	29	12
Tristan	Jenkins	18	Attacker	18	6
Bruno	Forkuoh	27	Attacker	17	0

Extension questions:

Using the ages data, find the

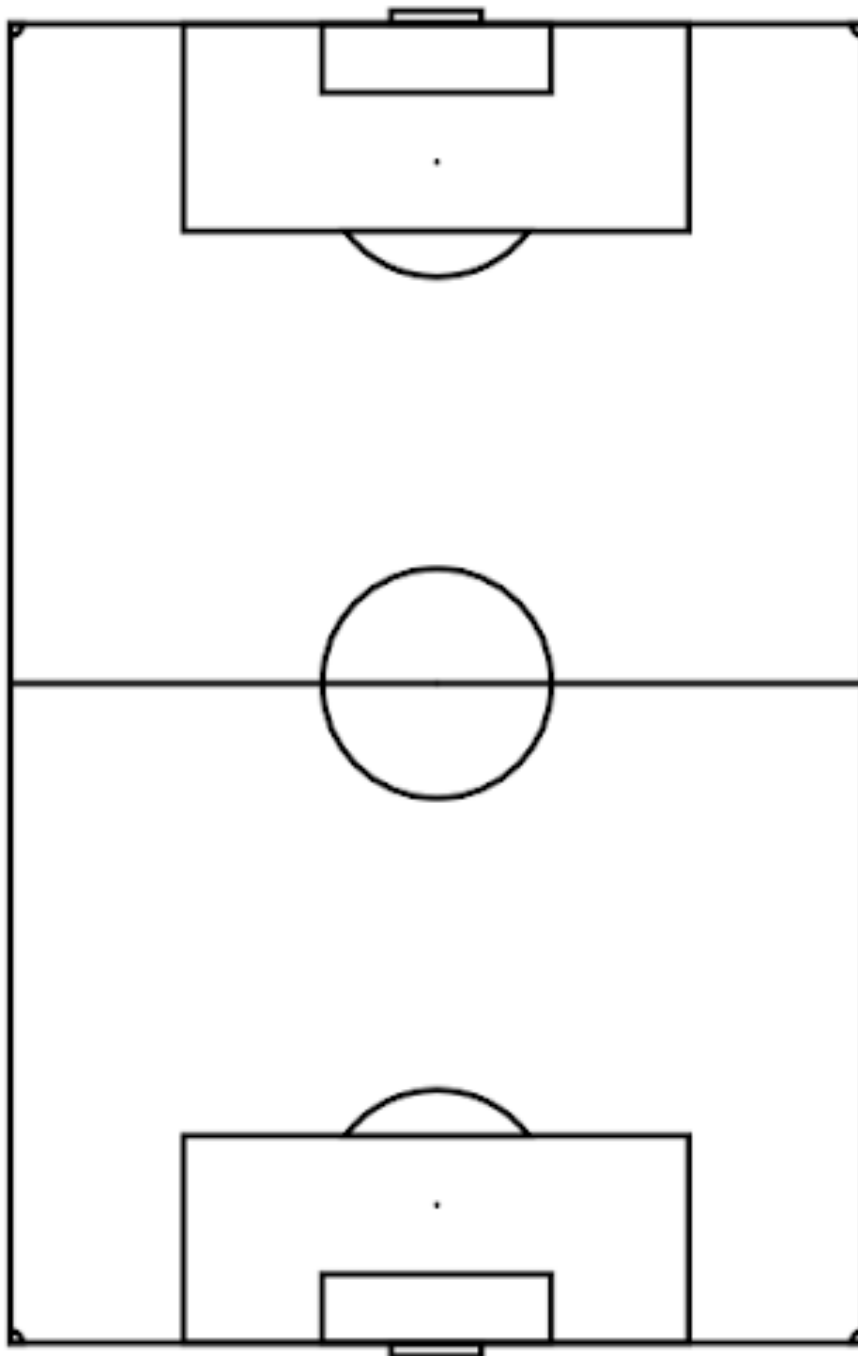
- 1) Range
- 2) Median
- 3) Mode
- 4) Mean (to the nearest whole number)



HEALTH AND WELL-BEING



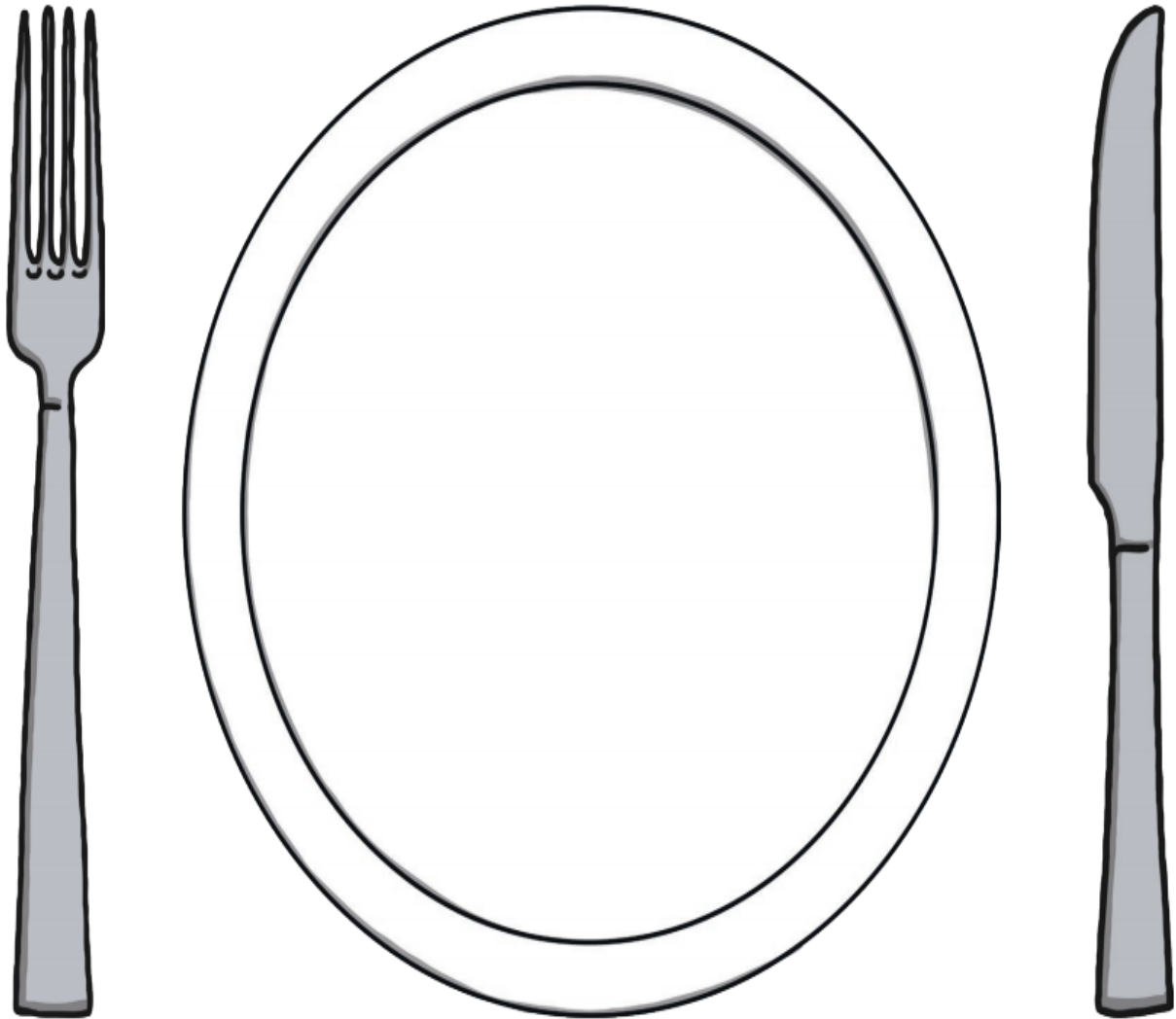
Create a football activity for our players for when we return to training:



Our football players must look after themselves by keeping fit and healthy.
Can you design them a healthy post training meal?

Remember a healthy meal **must** include:

- Two portions of **fruit or vegetables**.
- Two portions of **carbohydrates**.
- One portion of **protein**.
- One portion of **dairy**.



Use this plate to help you!



Find the *JD Cymru League* Teams on the map of Wales



1	Aberystwyth Town	2	Ammanford AFC	3	Bangor City	4	Cardiff Met
5	Carmarthen Town	6	Llanelli Town	7	Newtown AFC	8	Swansea University



Ammanford are the Black & White Army, however, our away kit has changed many times over the years, design your own away kit:



At Ammanford AFC we have lots of chants that we sing to support our players.
Listen to one of our most famous chants and use the musical vocabulary to appraise the music.



Key:

Tempo = is the pace or speed of the music.

Dynamics = describes the volume of the music.

Pitch = how high or low the tone is.

Rhythm = combinations of long and short sounds.

Timbre = the tone or sound quality made by the different instruments.

Tempo	Dynamics	Pitch	Rhythm	Timbre
Quick	Loud	High	Bouncy	Voices
Slow	Quiet	Low	Cheery	Male
Steady	Soft	Chirpy	Repetitive	Percussion
Relaxed and easy	Soothing	Growling	Smooth	Strings
Rapid and spikey	Suddenly gets slower/quieter	Lofty	Jerky	Instrumental

Choose 2 words from each column of the table to describe the piece of music.
Challenge: Can you think of your own vocabulary to appraise the piece?

Tempo	Dynamics	Pitch	Rhythm	Timbre

Extension:

Create your own chant that could be sung at The Rec, (use GarageBand, a musical instrument or app).

Billy the Boar is getting lonely at Ammanford AFC
Design a friendly mascot who can join him on match days:



AMMANFORD AFC WORDSEARCH

E A V
T Q C I B T M A D
D Y O W I Y X E L Z U G C
R C T P K P K J W U E G K H L K N
R V A U Y E P I T M B K Y G G Z Y J F
M K P M T A C K L E H O M E C R U U Z B X
X M N M L S K W W Y L G L I M S Y E V X O
B G V T A J H V G O R C F Q V Q A L P X L U Z
Y T B D N L O G Q B E X M Z O N O Q T D N E I
L X T T B F Q O F B R F N S Y E C J K C T E A M Q
M Y I H S O O T E E W E P Q L L R H Y D A M A N S
D Z O N Z R P V X O I R E J V F A F R B D C I C L
J K S B S T D O B Y O B E E R E O N C Q E T R X C F J
I Q Y J B R C J L G I P E R X A O V B A V L E A G U E
T F Q Y S E Y Z A Z B P V P B N T X R K D J I H F Y G
S J R E C N S C O R E U F Q Q B B N L T K A W X J
C L W Z F Z Y K S X S K A U B A H P O J I M H U J
Q A H E D G Q G S G W J M S I L A E M S T M Q B D
L I B X D O E M H L G I P X L K N E U F E T E
U T C Q M A F A Y K L L O I A W A Y D Z N Y M
E Y B E J J Q W V D Y N J U H L T D P W E
Z U K Z T G A C K U Q S Z S E T H U V S A
W H I K M O T P Z G O A L O Y I C R P
Q N Q X P P H I T R Q N U U I L R
Y A H O R D B S A Y I F Y
S X P A S S G T C
A U G

AMMANFORD

REC

FOOTBALL

GOAL

TACKLE

SCORE

SHOOT

PENALTY

RHYDAMAN

SPONSORS

KIT

TEAM

FAMILY

PASS

REFEREE

HOME

AWAY

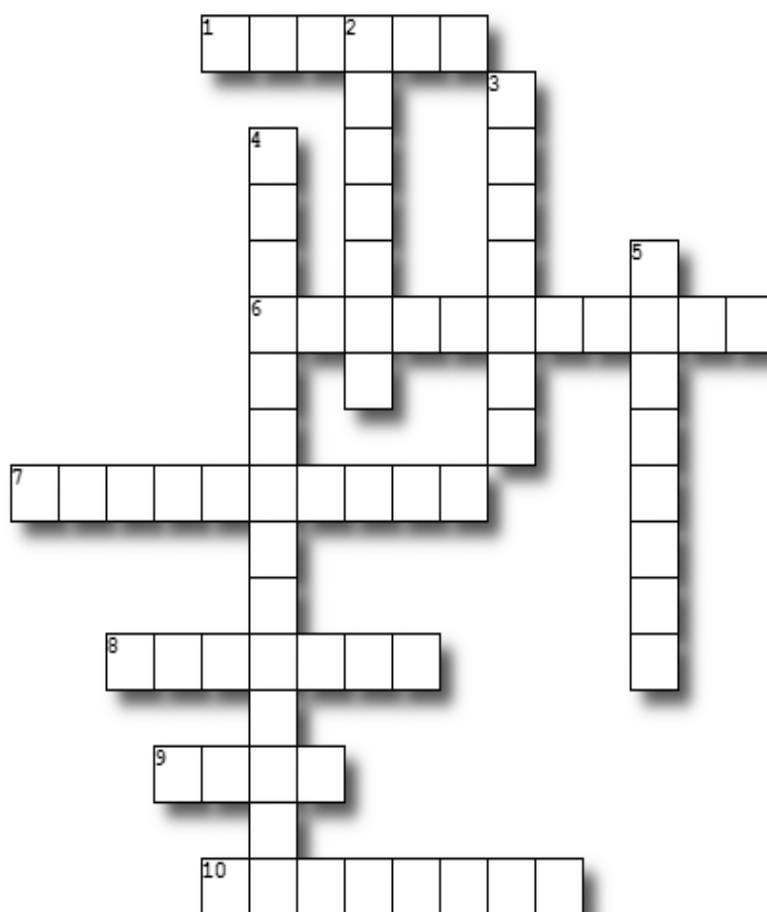
LEAGUE

BLACK

WHITE

AMMANFORD AFC CROSSWORD

Read the clues to find the words. Can you fit the words in the crossword below?



Horizontal

1. Hitting the ball with your head.
6. This is done when a player scores a goal.
7. Come to watch the game they love and encourage the team.
8. The ref uses this to stop play.
9. Trying to win the ball unfairly.
10. Players need these to protect a part of their legs.

Vertical

2. To move with the ball along the field with your feet.
3. Where Ammanford AFC play their home games.
4. The name of the league Ammanford AFC Firsts play in.
5. These help the referee during the game.

MAZE MAYHEM!

Can you help our captain, Rhys Fisher get to training on time?



Answers:



- 1) Cwmamman United
- 2) 796
- 3) Craig Frater
- 4) 60th
- 5) On his own/not much support
- 6) Nervous, excited to win, didn't want to lose
- 7) Unfair, dangerous



League Table

1)	12W	1D	12L
2)	11W	4D	10L
3)	10W	7D	8L
4)	9W	10D	6L
5)	8W	13D	4L
6)	7W	16D	2L
7)	6W	19D	0L

Coordinates

Write the coordinates for:

R Fisher A2

M Jones D2

G Jones D3

What player can you find in:

C1 C MORRIS

B4 L TRUNDLE

A3 R LEWIS

Club Shop

Kit (£30) + Scarf (£10)

Shorts (£14) + 2 x Scarf (£20) + 2 x Pin Badge (£6)

4 x Scarf (£40)

10 x Pin Badge (£30) + Scarf (£10)

7 Goal Match

Ammanford	7	-	0	Llanelli
Ammanford	6	-	1	Llanelli
Ammanford	5	-	2	Llanelli
Ammanford	4	-	3	Llanelli
Ammanford	3	-	4	Llanelli
Ammanford	2	-	5	Llanelli
Ammanford	1	-	6	Llanelli
Ammanford	0	-	7	Llanelli

SCIENCE AND TECHNOLOGY

To be completed using ICT

Extension:

- 1) Range = 25 (43-18)
- 2) Median = 29
- 3) Mode = 29
- 4) Mean = 29.6 (30 to nearest whole number)

HUMANITIES



AMMANFORD AFC WORDSEARCH

E A V
T Q C I B T M A D
D Y O W I Y X E L Z U G C
R C T P K P K J W U E G K H L K N
R V A U Y E P I T M B K Y G G Z Y J F
M K P M TACKLE HOME CRUUZBX
X M N M L S K W W Y L G L I M S Y E V X O
B G V T A J H V G O R C F Q V Q A L P X L U Z
Y T B D N L O G Q B E X M Z O N O Q T D N E I
L X T T B F Q O F B R F N S Y E C J K C TEAM Q
M Y I H S O O T E E W E P Q L L RHYDAMANS
D Z O N Z R P V X O I R E J V F A F R B D C I C L
J K S B S T D O B Y O B E E R E O N C Q E T R X C F J
I Q Y J B R C J L G I P E R X A O V B A V LEAGUE
T F Q Y S E Y Z A Z B P V P B N T X R K D J I H F Y G
S J R E C N S C O R E U F Q Q B B N L T K A W X J
C L W Z F Z Y K S X S K A U B A H P O J I M H U J
Q A H E D G Q G S G W J M S I L A E M S T M Q B D
L I B X D O E M H L G I P X L K N E U F E T E
U T C Q M A F A Y K L L O I A W A Y D Z N Y M
E Y B E J J Q W V D Y N J U H L T D P W E
Z U K Z T G A C K U G S Z S E T H U V S A
W H I K M O T P Z G O A L O Y I C R P
Q N Q X P P H I T R Q N U U I L R
Y A H O R D B S A Y I F Y
S X P A S S G T C
A U G

AMMANFORD

REC

FOOTBALL

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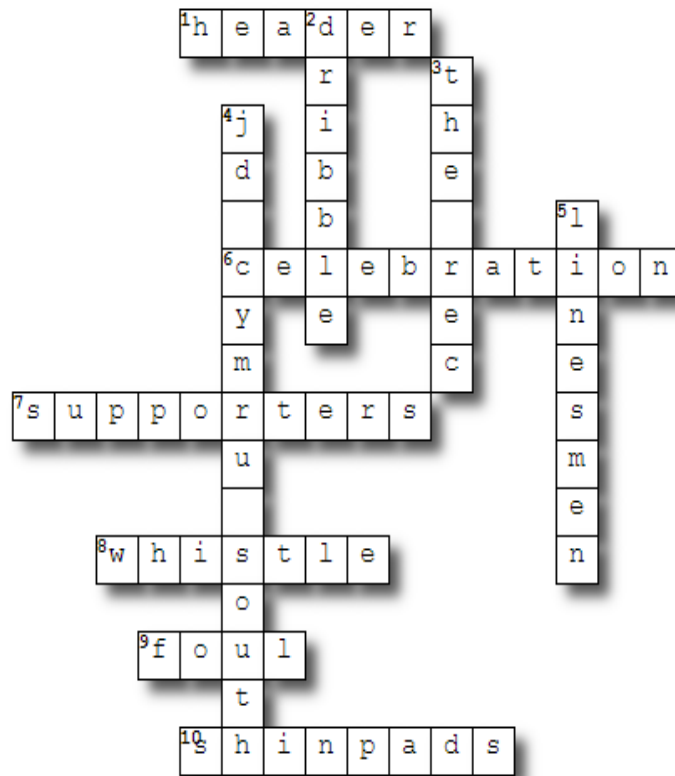
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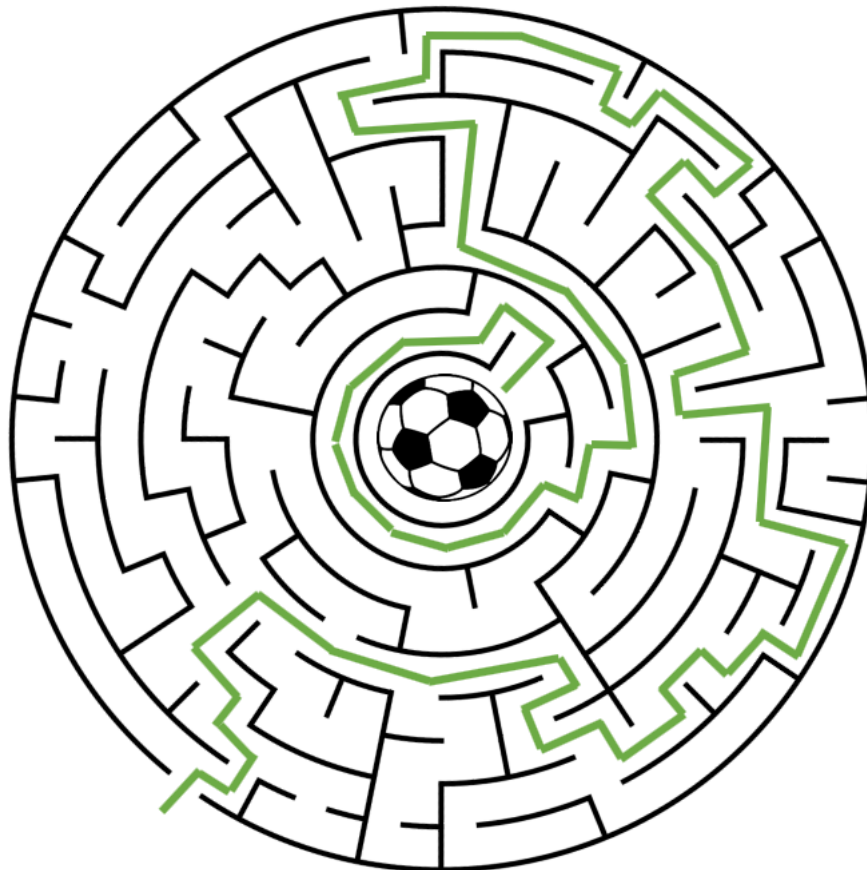
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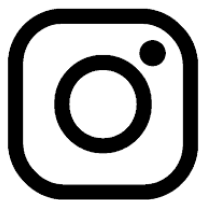
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We hope you enjoy 😊