



AMMANFORD AFC

COMMUNITY INVOLVEMENT

Signed:

Print:

Robert Thomas

Date:

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PRINCIPLES

Ammanford AFC in the Community

At Ammanford AFC, the Community is at the heart of the club and at the heart of our local communities.

The Club does its best endeavours to improve the lives of individuals and neighbourhoods from the Amman Valley. It does that through the delivery of year-round projects which are designed to have a very real and positive impact on people's lives.

The Club has successfully developed a range of youth engagement, educational and employability projects which all have the themes of health and inclusion embedded within them. It is helping people improve their health and wellbeing by helping them develop confidence, learn about good nutrition, and by supporting them to take part in enjoyable physical activity.

Additionally, September 2019 saw the launch of the Jac Lewis Foundation, a mental health charity based in a wellbeing centre, built on the grounds of Ammanford AFC. Since the launch of the Foundation, it has raised nearly £100,000 to provide counselling services to the local community, currently serving people from the age of 7 to 83. With finances kept completely separate from the Clubs 100 per cent of all donations will go directly to the JLF and be used for JLF projects.

As a charity, the Club relies on a combination of grants, partnership funding and donations to continue our vital work at community level across the area.

If you would like to make a financial contribution to the Jac Lewis Foundation, please visit:

Jaclewisfoundation.co.uk

To stay up to date with our work within the community, please follow @AmmanfordAFC on Twitter, Facebook, and Instagram.